

Parkinson's Disease Support Groups – Minnesota

City	Location	Day	Time	Facilitator Name	Facilitator Contact
Albert Lea	Senior Center	4 th Tuesday	9:30 AM	Anne Troska	507-874-3367
Alexandria	Nelson Gables Governor's Room	4 th Wednesday (Except Nov. and Dec.)	3:00 PM	Val Trumm	320-762-2196
Aurora	White Community Hospital	2 nd Thursday	6:00 PM	Barb Hammer	218-229-2493
Baxter/Brainerd Lakes	Edgewood Vista	1 st Thursday	1:30 PM	Lynda Erickson	218-829-4017
Bemidji	Sanford Health WindSong (Theatre Room)	3 rd Tuesday	1:30 PM	JoAnn Tyk	218-318-0845
Big Lake (Young Onset)	Saron Lutheran Church	2 nd Tuesday	6:30 PM	Camille Johnson	763-350-7401
Bloomington	Friendship Village	1 st Monday (2 nd Monday on holidays)	11:00 AM	Mary Marcoux	952-830-9545
Blue Earth	MN Valley Action Council	2 nd Thursday	1:30 PM	Merry McGowen Mary O'Rourke	507-526-4684 507-553-5603
Breckenridge	Twin Town Villa Assisted Living	2 nd Thursday	2:00 PM	Hannah Walberg	218-643-8544
Burnsville	Prince of Peace Lutheran Church	2 nd Thursday	6:00 PM	Jody Slaughter	952-898-9321
Cambridge	River Hills Assisted Living	3 rd Wednesday	10:00 AM	Dale Peterson	763-444-9352
Cloquet	Community Memorial Hospital	3 rd Monday	2:00 PM	Mary Beck	218-269-2211
Coon Rapids	Coon Rapids Senior Center	2 nd Thursday	1:00 PM	Milo Hartmann	763-755-2175
Crookston	Villa St. Vincent	2 nd Tuesday	4:00 PM	ReNae Sperling	218-281-3424 x252
Delano	Delano Senior Center	3 rd Thursday	1:30 PM	Nick Naton	763-972-0574

Detroit Lakes	Ecumen Detroit Lakes	Last Thursday of the month	2:00 Pm	Jody Griesen	218-844-8355
Duluth	Primrose Retirement	3 rd Monday (except July and Dec.)	10:00 AM	Joan Setterlund Catharine Larsen Bonnie Niemi	218-728-4986 218-733-9903 218-349-8095
Eden Prairie	Victory Lutheran Church	2 nd Wednesday	1:30 PM	Kathleen Evanson	952-934-0956
Edina	Walker Care Suites	Call for information		Teresa Kocher	952-230-1304
Elk River	Elk River Activity Center	3 rd Monday	12:30 PM	Annette bonin	763-635-4500
Eveleth	Eveleth Health Services	3 rd Wednesday	2:00 PM	Bonnie Saumer Mary Maki	218-658-2692 218-741-8069
Fairfax	Fairfax Community Home	3 rd Monday	12:30 PM	Mary Ann Dummer	507-426-7559
Fairmont	Grace Lutheran Church	Last Thursday of the month	10:30 AM	Joyce Peterson Thelma Vickerman	507-235-3833 507-238-2062
Fergus Falls	Mills Street Residence	First Thursday	2:00 PM	Mick Siems	218-736-8590
Forest Lake	Birchwood Arbors Assisted Living	1 st Thursday (except for Jan. and July)	12:30 PM	Alissa Ralph	651-464-5600 x. 1023
Glenwood	Glenwood Retirement Center	3 rd Monday	10:30 AM	Mary Freeman	320-239-2786
Golden Valley (Caregiver, Early Stage, Mid-Stage, Young Onset)	Struthers Parkinson's Center	Multiple days	Multiple times	Joan Hlas	952-993-6650
Grand Rapids	Itasca County Family YMCA	2 nd Wednesday	1:00 PM	Robyn Gunnerson	218-999-9233 ext. 287
Hastings	Tilden Community Welcome Center	3 rd Wednesday	2:00 PM	Laurie Thrush	651-480-7689
Hutchinson	Birchwood House	Last Wednesday of the month	2:30 PM	Robyn Crocker	320-587-7737

Lakeville	Walker Highview Hills	3 rd Thursday	11:00 AM	Candace Rovang	952-985-9005
Luverne	St. John's Lutheran Church	2 nd Thursday	1:00 PM	Dianne Karlstad	507-530-3307
Mankato	1 st Congregational United Church of Christ	3 rd Tuesday (except Jan. and Feb.)	2:00 PM	Kelly Simmons Betsy Paul	bpaul@gustavus.edu
Maple Grove	University of Minnesota Health Maple Grove Clinic	2 nd Tuesday	1:00 PM	Sara Dooley	
Maplewood (Care Partners)	Gladstone Community Center	2 nd and 4 th Mondays	9:30 AM	Lorna Breiter	651-770-8172
Marshall	Adult Community Center	1 st Wednesday	3:30 PM	Terry Hennen Kathy Paxton	507-929-5624 507-828-4690
Minneapolis	Walker Place (The Waters of Minnehaha)	1 st Wednesday	3:00 PM	Emily Anderson Debra Darby	612-827-8317
Minneapolis	VA Medical Center	3 rd Thursday	1:00 PM	Ann St. Jacque	612-467-1380
Minnetonka	Minnetonka Ridge Point (Rose Room)	3 rd Thursday	12:30 PM	Heidi Ewing	952-540-6200
Minnetonka (Young-Onset Women)	Ridgedale Byerly's Community Room	3 rd Tuesday	7:00 PM	Ruth Lotzer	952-888-1734
Montevideo	CCMH Ambulance & Training Center	1 st and 3 rd Monday	3:30 PM	Lori Peterson	320-321-8268
Monticello	Monticello Senior Center	1 st Tuesday	1:30 PM	Pam Loidolt	763-295-2000
Moorhead	HeartSprings (Messiah Lutheran Church)	1 st Thursday (Sept. – Dec. & Feb-May)	3:30 PM	Jan Nelson	701-261-3142
Mounds View	Messiah Lutheran Church	2 nd Tuesday	6:30 PM	Jean Lukaszewski	763-442-8752
New Prague	New Prague Public Library	4 th Tuesday (except July and Dec.)	1:00 PM	Betty Tupy	952-758-3924

New Ulm	Oak Hills Living Center	2 nd Monday	1:30 PM	Linda Tauer	507-227-1497
North Oaks	Presbyterian Homes – Waverly Gardens	3 rd Monday	1:00 PM	Sandra Boehm Carolyn Cuthill	651-762-6510
Northfield	Northfield Hospital	4 th Wednesday	2:00 PM	Katherine Lathrop	507-646-6510
Oak Park Heights/Stillwater	Boutwells Landing Community Room	3 rd Wednesday	10:00 AM	Aimee Stanton	651-241-3373
Owatonna	Owatonna Public Library	4 th Tuesday	2:00 PM	Linda Hoffman	507-977-2171
Red Wing	Red Wing Area Senior Center	4 th Thursday	2:00 PM	Pat Kernan	651-327-2255
Rochester	Zumbro Lutheran Church	3 rd Thursday	1:15 PM	Warren Lopour Sandy Woodruff	507-288-0359 507-282-3854
Sauk Rapids/St. Cloud	Independent Lifestyles	3 rd Monday (except August)	1:00 PM	Pam Tritz-Okia	320-281-2040
St. Paul (Young Onset)	Capistrant Center at Bethesda Hospital	3 rd Thursday	6:00 PM	Janine Wimmer	651-232-2202
St. Paul	Capistrant Center at Bethesda Hospital	3 rd Thursday (except Feb)	10:00 AM	Kathryn Gilbertson	651-326-2188
St. Paul	Lyngblomsten	1 st Thursday	1:00 PM	Jay Haukom	651-632-5391
St. Paul	Fairview Outpatient Rehab	1 st Friday	1:00 PM	Becky Horton	612-273-3868
St. Paul	HealthPartners Clinic	3 rd Friday	1:00 PM	Nancy Andrews	651-698-4158
Thief River Falls	Zion Valley Home Assisted Living	2 nd Thursday (meets on even months)	4:00 PM	Joan Minks	218-681-2914
Wadena	United Methodist Church	2 nd Monday (except Jan. and Feb.)	12:15 PM	Beverly Richard	218-837-6323
Willmar	Bethesda Grand	2 nd Wednesday (except August)	10:00 AM		320-214-5663

Windom	Windom Hospital Conference Room	2 nd Tuesday	2:00 PM	Karen Denzer	507-831-0687
Woodbury	Woodbury Lutheran Church	3 rd Monday	6:00 PM	Sandy Varpness	651-254-7638