



Sing Out Loud

Therapeutic Chorus for people with Parkinson Disease

Developed as a collaboration between Stony Brook Southampton Hospital's Center for Parkinson Disease, Southampton Arts Center and the American Parkinson Disease Association, Sing Out Loud (SOL) is a therapeutic chorus designed specifically for people living with Parkinson Disease and their care partners. The 8-week workshop explores a curriculum designed exclusively by Lee Morris, Neurologic Music Therapist and Valerie diLorenzo, award-winning Vocalist and Teaching Artist, and will engage participants in singing-based therapy to address the voice symptoms of PD, while fostering social connections through the process of musical exploration.

When: Thursdays: May 3rd - June 21st
May 3, 10, 17, 24, 31
June 7, 14, 21

Where: Southampton Arts Center
25 Jobs Lane, Southampton NY

Time: 3:00pm - 4:30pm

To register or for more information, please call:
The Ed and Phyllis Davis Wellness Institute at Stony Brook Southampton Hospital: (631) 726-8800