

**Loud & Lyrical**

Therapeutic Chorus for People with Parkinson's Disease

and their Care Partners will meet the third Tuesday of the month

immediately following PD Support Group

Next Classes are: February 19th & March 19th

There is no Singing Class for the month of January

1:00pm to 2:00 pm Wisdom Conference Center

St Charles Hospital 200 Belle Terre Road Port Jefferson, NY

(Located in Back of Hospital near Hospice Center)

Space is Limited-Email to register at: [climbmusictherapy@gmail.com](mailto:climbmusictherapy@gmail.com)

or call 631-835-2007



**IN CASE OF INCLEMENT WEATHER,  
CALL INFORMATION & REFERRAL CENTER  
631-862-3560  
ONE HOUR PRIOR TO A MEETING FOR  
CANCELLATION NOTICE**

**February and March 2019**  
**Suffolk County Support Group Meetings**

**February 2019**

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2
3	4	<b>5</b>	6	7	<b>8</b>	9
10	11	<b>12</b>	13	14	<b>15</b>	16
17	18	<b>19</b>	<b>20</b>	21	22	23
24	25	26	<b>27</b>	<b>28</b>		



**March 2019**

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2
3	4	<b>5</b>	6	7	<b>8</b>	9
10	11	<b>12</b>	13	14	<b>15</b>	16
17	18	<b>19</b>	<b>20</b>	21	22	23
24/31	25	26	<b>27</b>	<b>28</b>	29	30

**February 5 Southamptton Support Group**-Parrish Hall Corner of Lewis Street and Herrick Road, 1:00-3:00 pm

**February 8 –Melville Support Group**- Brandywine Independent Living 70 Pinelawn Road, Melville 1:00-2:30pm RSVP by 02/6/19 at 631-862-3560

**February 12 –Commack Young Onset Support Group**- St Catherine of Siena Wellness Center, Suite D500 Commack Road Commack Call 631-862-3560 for instructions to enter bldg. and to RSVP by 02/11/19:00-8:30 pm

**February 15-Holbrook Support Group**-Sunrise Senior Living, 320 Patchogue Holbrook Road, Holbrook RSVP by 02/14/19 at 631-862-3560.1:00-3:00 pm

**February 19- Port Jefferson Support Group**- St Charles Hospital Wisdom Conference Center(In back of Hospital by Hospice).12:00-1:00pm  
**Immediately following is Loud and Lyrical Singing Group at 1:00 pm**

**February 20- Riverhead Support Group**- Peconic Bay Medical Center, Riverhead Second Floor Conference Rooms 1:00 -3:00 pm

**February 27 - Smithtown Support Group** Sunrise Senior Living 30 Rt. 111 Smithtown RSVP at 631-862-3560 by 02/25/19 1:00 -2:30 pm

**February 28 -West Islip Support Group**West Islip Library, 3 Higbie Lane 1:00-3:00 pm

**March 5- Southamptton Support Group**-Parrish Hall Corner of Lewis Street and Herrick Road, 1:00-3:00 pm Dr. John Amato, CCC/SLP “Speech & Swallowing Disorders in PD. A Discussion Concerning Evaluation and Therapy.”

**March 8 –Melville Support Group**- Brandywine Independent Living 70 Pinelawn Road, Melville 1:00-2:30pm RSVP 631-862-3560 by 03/06/19

**March 12– Commack Young Onset Support Group**– St Catherine of Siena Wellness Center 500 Commack Road Commack Call 631-862-3560 for instructions to enter bldg. and to RSVP by 03/11/19. 7:00 -8:30 pm Kim Wolf, RD. “Healthier Nutrition & Better Hydration.”

**March 15 -Holbrook Support Group**- Sunrise Senior Living, 320 Patchogue Holbrook Road, Holbrook NY RSVP by 03/14/19 at 631-862-3560 1:00-3:00pm Carla Hollander, Program Director, Federation of Organization. “Support Services for the Care-Partner.”

**March 19- Port Jefferson Support Group**- St Charles Hospital Wisdom Conference Center (In back of Hospital by Hospice Center) 12:00-1:00pm Alyssa Morando, RD “Healthy Eating with PD.”

**Immediately following is Loud and Lyrical Singing Group at 1:00 pm**

**March 20- Riverhead Support Group**- Peconic Bay Medical Center, Riverhead Second Floor Conference Rooms 1:00 -3:00 pm

**March 27- Smithtown Support Group** Sunrise Senior Living 30 Rt. 111 Smithtown RSVP at 631-862-3560 by 03/25/19 1:00 -2:30 pm Cherie Bellissimo PT, “Improving Balance with PD.”

**March 28 -West Islip Support Group** West Islip Library 3 Higbie Lane 1:00-3:00pm Elaine Quigley, LMSW,C-ASWCM “Preparing for the Future.”