



**AMERICAN  
PARKINSON DISEASE  
ASSOCIATION**

Strength in optimism. Hope in progress.

**AUGUST 2018 SUPPORT GROUPS- SUFFOLK COUNTY**



**Save the Date**  
Long Island Optimism Walk  
September 22, 2018  
Marjorie Post Park

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

9:00 am-1:00 pm

To Register:

<https://apdaparkinson.donordrive.com/index.cfm?fuseaction=donor>

[Drive.event&eventID=896](#)

\_or call: 917-829-1027

**Loud & Lyrical**

Therapeutic Chorus for People with

Parkinson's Disease

and their Care Partners, too

Will meet the **RSVP by August 10th** at 631-862-

3560 **third Tuesday** of the month immediately

following PD Support Group

**Next Class is Date: August 21, 2018**

1:00pm to 2:00 pm

Wisdom Conference Center

St Charles Hospital

200 Belle Terre Road

Port Jefferson, NY

(Located in Back of Hospital near Hospice

Center)



Participation is free!

Space is Limited- Call to register:

631-862-3560

**August 7<sup>th</sup>-Southampton Support Group**– Southampton Hospital Parrish Hall Corner of Herrick and Lewis Street Behind Southampton Hospital Emergency Room, 1:00 -3:00 pm. Debra Jensen, PTA,CIAYT “ Benefits of Yoga with PD.”

**August 10<sup>th</sup>- Melville Support Group** - Brandywine Senior Living Independent Living Bldg 2<sup>nd</sup> Floor, 70 Pinelawn Road, Melville, NY 1:00- 2:30 pm Jackie Fanneron , MS,CPT,FAS,CSCS “ Rock Steady Boxing.” **Please RSVP by August 7<sup>th</sup> by at 631-862-3560.**

**August 14<sup>th</sup>-Young Onset Support Group**- St. Catherine of Siena Wellness Center 500 Commack Road, Commack NY 7:00-8:30pm (Concierge Desk will direct you to meeting place.) **RSVP by August 10<sup>th</sup>at 631-862-3560**

**August 15<sup>th</sup>-Riverhead Support Group**- Peconic Bay Medical Center 2<sup>nd</sup> Floor Conference Room. 1:00-3:00 Nicole Neringola, OTR “Occupational Therapy & Parkinson Disease.”

**August 17<sup>th</sup>-Patchogue Support Group**- Sunrise Senior Living, 320 Patchogue Holbrook Road Holbrook\_NY\_ 1:00 -3:00 pm. Sara Turnasella, RD “Be Happy. Stay Hydrated.” **Please RSVP by August 14<sup>th</sup> at 631-862-3560.**

**August 21-Port Jefferson Support Group**- St. Charles Hospital Wisdom Conference Center (Located in Back of Hospital by Hospice Center) 12:00-1:00 pm. Carla Hollander, “Suffolk County Federation of Organizations Respite Care Program.”

**\*FOR AUGUST THIS GROUP WILL BE LOCATED AT WISDOM CONFERENCE CENTER AT ST CHARLES HOSPITAL. THE SUPPORT GROUP WILL BE IMMEDIATELY FOLLOWED BY LOUD AND LYRICAL SINGING GROUP.**

**August 22<sup>nd</sup>-Smithtown Support Group**- Sunrise Senior Living 30 Route 111 Smithtown, NY 2<sup>nd</sup> Floor Activity Room 1:00 – 2:30pm Denise Passarelli,, Retired Senior Volunteer Program of Suffolk. “Programs available for Seniors in Suffolk County.” **Please RSVP by August 20<sup>th</sup>at 631-862- 3560.**

**August 23<sup>rd</sup>- West Islip Support Group**- West Islip Library, 3 Higbie Lane, West Islip 1:00-3:00 pm, Angela McKelvey, RD “Good Nutrition & PD.”