Movement Classes For People With Parkinson's Winter Session, 2017

- Featuring live music
- Drop-ins welcome; first class free



Sliding scale fees: \$0-10 each class, per client or client/care-partner unit Make your check for 8 Wednesdays, payable to "APDA"; Please send checks to: APDA, PO Box 910, New Brunswick NJ 08903 (Please note in check memo: "Winter 2017")

Classes led by professional dancers and certified Parkinson's movement instructors.

Free Parking available, with validation, at the Fitness Center Parking Deck, with elevators to 2^{nd} floor

RWJ Fitness Center

100 Kirkpatrick Street, 2nd floor New Brunswick, New Jersey

8 Wednesdays: 11:45 am-12:45 pm January 11, 18, and 25 February 1, 8, 15 and 22 March 1, 2017

Information: 732-873-1222

www.masongross.rutgers.edu/dance/parkinsons

Co-sponsored by the Mason Gross School Dance Department, the New Jersey APDA Parkinson's Disease Information and Referral Center, and the New Jersey Ballet Company, with support from the Kenneth Aidekman Family Foundation.





