

Parkinson's Young Onset Support Group Meeting

RWJ Fitness and Wellness Center

– Community Room

100 Kirkpatrick St., New Brunswick, NJ

Thursday, January 17, 2019 6:00PM – 7:30 PM



If you have been diagnosed with young onset Parkinson's disease, this might be the support group for you.

When someone who is below the age of 45 receives a diagnosis of Parkinson's disease, it is referred to as **early** or **young onset** Parkinson's disease.

Younger people will experience the disease differently due to their unique life circumstances. Come learn about resources, the newest research, and how to manage symptoms... all while developing new relationships with others who are living with this disease.

RSVP Required. Please call the APDA Information & Referral Center at (732) 745-7520 ext.1. to RSVP or if you have any questions

Directions to Robert Wood Johnson Fitness & Wellness Center – New Brunswick

From New Jersey Turnpike: Take Exit 9 (New Brunswick) and proceed on Route 18 North about two miles to Route 27 South—Princeton, to the fifth traffic light (go under the overpass). Turn left onto Joyce Kilmer Avenue. Make a left at the next light onto Paterson Street. The entrance to the parking deck is immediately on your left.

From Route 1: Take Route 18 North and follow above directions.

From Route 287: Exit onto Route 527 (New Brunswick Exit). Follow Route 527 (Easton Avenue) for about six miles until you see a railroad overpass. Just after the overpass, make a right onto Albany Street. At the next light turn left onto Joyce Kilmer Avenue. Make a left at the next light onto Paterson Street. The entrance to the parking deck is immediately on your left.

From Garden State Parkway (From Points North): Exit at Route 1 South (Exit 130). Proceed about nine miles to Route 18 North. Follow directions above.

From Garden State Parkway (From Points South): Exit onto New Jersey Turnpike South. Follow directions above.

Parking

Park in the Wellness Plaza parking deck. Take the parking deck elevator to the second floor. Bring your parking ticket with you. Your parking ticket will be validated after the meeting (for up to 3 hours). We are unable to validate for other parking decks.

Community Room

There is an information desk across from the elevators at the entrance to the fitness and wellness center. Proceed to

