

Oregon Support Groups:

Update 6/10/2016

City	Focus	Meeting Site	Time	Leader	Contact Info
Albany	General	Mennonite Village, Quail Run Building, 2180 54th Ave. SE, Albany	1st Tuesday of the month at 2:00 pm	Lynn	541.936.6154
Ashland	General	Mountain Meadows 905 Skylark Place, Ashland	3rd Wednesday of the month at 3:00 pm	Bill	541.201.0954
Astoria	General	Peace Lutheran Church Library 565 12th St., Astoria	2nd Monday of the month at 1:00 pm	Darlene	503.440.1970
Baker City	General	Eastern Oregon Medical Associates, 3950 17th St., Baker City	3rd Tuesday of the month at 2:30pm	Richard	541.523.0013
Beaverton	General	Beaverton Community Center 12350 SW 5th Street	4th Thursday of every month at 1pm	Ron and Mary	503.579.2792
Beaverton	Lunch Group	Various Locations	Call for details	Roger	503.579.7615
Bend	Caregiver	Partners in Care 2075 NE Wyatt Court	2nd Wednesday of the month at 1:30pm	Phyllis	541.317.1188
Bend	General	Partners in Care 2075 NE Wyatt Court, Bend	3rd Wednesday of the month at 2:00 pm	Julie	541.633.7436
Columbia County	General	Avamere at St. Helens 2400 Gable Rd. St. Helens	1st Wednesday of the month at 3:00 pm	Mary Jo	503.543.7090

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Coos Bay/North Bend	General	Baycrest Village 3959 Sheridan, North Bend	2nd Monday of the month at 2:00 pm	Jeff	541.200.4632
Corvallis	General	Corvallis Senior Center 2601 NW Tyler Ave., Corvallis	2nd Wednesday of the month at 12:15 pm	Roger and Iris	520.456.9799
Cottage Grove	General	Trinity Lutheran Church 675 S 7th. Street	4th Thursday of the month at 10am	Libby	541.345.2988
Eugene	MSA/PD Plus Diseases	PRO Eugene Conference Room 207 E 5th St	2nd Wednesday of the month at 1:30pm	Libby	541.345.2988
Springfield	Young Onset	Riverbend Hospital, Conference Rm. 12 3333 SW Riverbend	3rd Wednesday of the month at 6:30pm	PRO Eugene Office	541.345.2988
Eugene	Caregiver	PRO Eugene Conference Room 207 E 5th St	4th Tuesday of the month at 1:30pm	Sherab	541.461.8052
Eugene/ Springfield	General	Westminster Presbyterian Church 777 Coburg Rd., Springfield	2nd Tuesday of the month at 10:30 am	Dave and Judie	541.686.8615 541.485.2304
Florence	General	Shorewood Senior Apartments 1451 Spruce St., Florence	4th Wednesday of the month at 1:30 pm	Carole	805.587.3394

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Forest Grove	General	Brookdale of Forest Grove 3110 19th Ave., Forest Grove	1st Monday of the month at 10:00 am	Charles	503.359.5820
Grants Pass	General	Lovejoy Hospice 939 SE 8th St., Grants Pass	1st Tuesday of the month at 1:00 pm	Jeff	541.479.2578
Gresham	General	Legacy Mt. Hood Medical Center Cascade Room, Cascade Building	3rd Tuesday of the month at 2:00 pm	Patty	503.761.2792
Gresham	Young Onset	East Hill Church 701 N Main St., Rm A	4th Monday of the month at 7:00pm	Donna	503.805.2478
Happy Valley	General	Clackamas Town Center Village 8609 SE Causey Ave	2nd Thursday of the month at 1:30pm	Lynn	503.594.2215
Hermiston	General	Desert Lanes Bowling Alley 1545 N 1st St., Hermiston	1st Monday of the month at 1:00 pm	Carol and Charles	541.720.4256 541.567.9420
Hood River/The Dalles	General	Water's Edge 551 Lone Pine Blvd.	1st Wednesday of the month at 2pm	Chad	541.340.0142
Klamath Falls	General	Elmer's Restaurant 3030 S. 6th, Klamath Falls	3rd Tuesday of the month at 1:00 pm, non-hosted lunch at 12pm	Ron	541.591.0686

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LaGrande	General	Grande Ronde Hospital 900 Sunset Dr., LaGrande	3rd Monday of the month at 4:30 pm	Wendy	509.946.4217
Lake Oswego	General	PRO Conference Room, 3975 Mercantile Dr, Lake Oswego	1st Thursday of the month at 9:00 am	Charlene	503.421.5058
Lake Oswego	Community Information Session on Deep Brain Stimulation	PRO Conference Room, 3975 Mercantile Dr, Lake Oswego	Quarterly, call for details	PRO Office	800.426.6806
Lake Oswego	Newly Diagnosed	PRO Conference Room, 3975 Mercantile Dr, Lake Oswego	1st Saturday of the month	Carol and Tom	301.237.0476 503.303.4871
Springfield	Alternative Treatment	Willamalane Adult Activity Center 215 W C St., Springfield	3rd Tuesday of the month at 1:30pm	Carolyn and Cork	541.556.1444 541.995.8060
McMinnville	General	McMinnville Senior Center 2250 NE McDaniel Lane	1st Thursday of the month at 1:00pm	Charles	503.359.5820
Medford	General	Smullin Health Ed. Center 2825 E Barnett Rd., Medford	3rd Saturday of the month at 11:00am	Larry	541.772.0599

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Milwaukie	General	Willamette View 12705 SE River Rd., Milwaukie	3rd Monday of the month at 10:00am	Doug	503.652.6519
Newberg	General	Friendsview Retirement Community 1301 Fulton St., Newberg	3rd Thursday of the month at 10:00am	Louise and John	971.344.4384 503.487.6390
Newport	General	Samaritan Health Education Center, 740 SW 9th St.	2nd Tuesday of the month at 3pm	Faye	541.336.2481
Oregon City	General	Providence Community Center, 519 15th St., Rm B	1st Tuesday of the month at 10:00am	Greg	541.912.0972
Portland	Multiple System Atrophy/Progr essive Supranuclear Palsy	Marquis Assisted Living 319 NE Russet	3rd Saturday of the month at 10am	PRO Office	800.426.6806
Portland	Young Onset Happy Hour Group	Varying locations	3rd Friday of the month at 4:30pm	Kathie	971.344.3473 kathieshill@ga il.com
Portland	General	Summerplace Assisted Living 15727 NE Russell St., Portland	2nd Thursday of the month at 10:00am	Kevin	503.278.0516

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Portland	General	Laurelhurst Village, ICF Bldg 1st floor 3060 SE Stark Street, Portland	1st Friday of the month at 10:00am	YuWen	612..356.8164
Portland	General	Holladay Park Plaza, 1300 NE 16th Ave.	2nd Saturday of the month at 10am	Marge	503.252.6480
Portland	General	Avamere at Bethany 16360 NW Avamere Ct., Portland	2nd Wednesday of the month at 3:30pm	Cathy	503.690-8317
Portland	Alternative Treatment	National College of Natural Medicine 049 SW Porter St. (W. door)	2nd Tuesday of the month at 7:00pm	Carol	503.233.4075
Portland	General	Russellville Park Retirement Community, 20 SE 103rd Ave., Portland	3rd Wednesday of the month at 12:00pm	Barbara	503.754.1072
Portland, SE	Caregiver	Beautiful Savior Lutheran Church, 9800 SE 92nd Avenue	1st Thursday of the month at 4:00pm	Janet	503.516.5917
Redmond	General	Hospice of Redmond, 732 SW 23rd	3rd Thursday of the month at 1pm	Liz	541.639.5989

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Roseburg	General	Mercy Community Education Center 2700 Stewart Parkway, Roseburg	2nd Monday of the month at 1:30pm	Carolyn	541.673.7352
Salem	General	Trinity Covenant Church 5020 Liberty Rd. S, Salem	2nd Tuesday of the month at 2:00pm	Jim and Dana	503.930.6514 503.588.1596
Tigard	Men's Caregiver Group	Gentog 11535 SW Durham Rd #C5	1st Friday of the month at 10:30pm	Chuck	408.373.9875
Tigard	Women's Caregiver Group	Our Redeemer Lutheran Church, 13401 SW Benish St	1st and 3rd Wednesdays of the month at 3:00pm	Karen and Nancy	503.754.6088 503.642.3213
Tigard	Lewy Body Dementia	Gentog 11535 SW Durham Rd #C5	2nd Saturday of the month at 1:00pm	Kathy	503.244.4714
Tillamook	General	Tillamook United Methodist Church 3808 12th Street, Tillamook	2nd Thursday of the month at 1:00pm	Michael and Joanne	503.355.2573
Tualatin	General	Juanita Pohl Community Center 8513 Tualatin Rd., Tualatin	3rd Saturday of the month at 9:30am	Trudy	503.692.7988
Wallowa County	General	Please call for details	Please call for details	Mike	541.426.8604

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Welches	General	Hoodland Senior Center 65000 E Highway 26	4th Tuesday of the month at 11am	Senior Center Staff	503.622.3331
Wilsonville	General	Spring Ridge Court at Charbonneau 32100 SW French Prairie Rd, Wilsonville	2nd Thursday of the month at 11:00am	Cindy	503.694.2700