

Care Partner Support Group

July 14, 2022

September 8, 2022

November 10, 2022

5:00 pm– 6:00 pm EST

<https://apdaparkinson.zoom.us/j/82331421134>

Join us in a conversation about how to help a loved one to manage Parkinson's Disease symptoms in order to live life to the fullest. The program is designed to help family members and care partners of people with Parkinson's Disease.

Please share this invitation with anyone in your support network. The series will begin in Spanish and will alternate between English and Spanish every other month.

We will discuss:

- Stages, symptoms, and how Parkinson's Disease progresses over time
- Challenges of being a caregiver
- Self care practices
- Ways to support your loved one

George Felix Dumenigo, LCSW Community Outreach Coordinator, University of Miami (FL)

Rosa Peña, MSW Vice President, Programs & Services, APDA (CA)

Laura Esquer, MS I&R Coordinator, APDA (AZ)